



# A · A · M · M ·

## NEWS

WASHINGTON / CHAPTER

AMERICAN ASSOCIATION OF MASSEURS &amp; MASSUSES

ARTHUR DUNBAR--EDITOR  
AUGUST--1954MILTON A NIEDFELT-- ASSISTANT  
805 E. Denny---- Seattle Washington CA 8655

Why didn't you ask him about  
joining The A. A. M. M.?

### OUR MEMBERSHIP DRIVE MONTHLY MESSAGE

By Arthur Mann  
Washington State President.

At our State Convention in Vancouver Washington, the subject of new membership was discussed and a committee was to be appointed. At the present time the committee has not been appointed, but a list of names has been obtained of prospective members.

Through the efforts of Mr. John Murray and Mr. Milton Niedfelt the list has been made available to us. This means that when the committee has been picked they will have a list of names, in their areas, who might be interested in becoming members.

The State is to be divided into three sections, the Eastern, Central, and Western. The members will be picked from each area to contact the prospective members.

We should each one be prepared to state the advantages they will derive from our A.A.M.M. Such as our monthly National and State A.A.M.M. News, advise and help from fellow members, social get togethers, and the advantage of being able to attend our local chapters and discuss problems and make plans for future etc.

In the future the new members will benefit equally with our present members when we obtain our state Massage Bill, they will reap the benefits of the many hours and money that has been spent by the legislative committee and members towards legislation.

Watch your A.A.M.M. News, and the MASSEUR for further information.  
Arthur Mann, State President.

There are three kinds of people in the world (1) Those that make things happen (2) Those that watch things happening (3) and those that don't know what happens. Capitol Hill times.

# WASHINGTON STATE A.A.M.M. RECIEVES ADVERSE OPINION.

October 1953 issue of the A.A.M.M. News; on page 5 contains a letter signed by Supervisor of Industrial Ind., Mr Eshill, Proststics & App- liances. In which the State sets forth the fact that they were paying Registered Physical Therapists \$4.00 for a treatment, and non-registar- ed Physical Therapists \$3.00 for the same service. And at the same time refusing to fully pay one of our masseurs for Massage work based on the rates paid physical Therapists. Classifying Hand Massage lower paid than Physical Therapy.

Our Washington Chapter took this matter up with one of our Legislators, Mr. Fred Dore, and in turn Mr. Dore took the matter up with the Attorney General's Office. Atty. Jack Dalton Assisting.

After about nine months time Mr. Henry Heckendorf, Assistant Attorney General, 2018 Smith Tower rendered an opinion. So today we have the official opinion of the Attorney General that it is within the power of the Department of Labor and Industries to pay some persons \$4.00 and others \$3.00 for the same work.

This is important for our members to know this for several reasons. First it proves that we need an A.A.M.M. to fight our issues. Second it proves that our Profession needs a Massage bill, so that we don't get pushed around and be underpaid. We are Masseurs and should be paid as Masseurs

It proves that we should get busy trying to get Initiative 21 enacted (see elsewhere) and further that we should get our Massage Bill, as Mr. Carlson has so many times urged us. To get this done we should circulate a petition of our own and get others to sign and help pay to our legislative fund. Remember Mr. Bloom still is in the business of collecting #3.00 per month for the Legislative Bill. It further proves that we should get acquainted with our legislators.

And above all it proves that we should STOP BEING SPECTATORS, and be PARTICIPANTS in this effort to put our profession on the "Map". Your officers have done the best they could so far. They have not completely studied the Attorney General's Opinion, nor have they had time to chart a course.... But our members already know what it means NOT TO BE PAID... and to be kicked around, and they should begin to get busy doing something--- to circulate petitions, collecting funds etc. and making our A.A.M.M. effective in doing away with this discrimination.

Elsewhere Mr. Mann and Mr. Murray will have organizational work out- lined probably for new members. The next issue we hope to give you the full text of this opinion of the Attorney General's Office.

By Niedfelt. Asst Editor

President Eisenhower, speaking at the 1954 Washington College Commencement exercises quote" I do want to tell this student Body that no matter what they hear about Washington D.O., I have 2 U.S. Senators & one Congressman here today with me to prove that we do need brains"

STANDARDS OF MASSAGE IN BRITISH COLUMBIA

By Joe M Cates-- Member of the Massage Commission  
101 Second St. Port Alberni, Vancouver B.C.

Each of the ten provinces of Canada are autonomous in respect to laws governing Massage and physiotherapy. B.C. has the best laws of any of them. Some are governed by the Basic Science Act, Some by Drugless practitioners Act, some by the Naturopathic Act and some are registered under the Societies Act. B.C. originally was organized as such. In B.C. the members of our Association are broken into three parts:-

PART ONE are those Physiotherapists who took university training and as such are members of the Canadian Physiotherapy Association which has a very high standard and enjoys worldwide recognition. These Physiotherapists will not practice except under a Medical Doctor's prescription or supervision. Incidentally 99% of them are women.

PART TWO; These Physiotherapists have taken their training other than in universities and as such are not eligible to belong to part one. Members of part two must be graduates from High School, must take a course of at least three years, of nine months each and pass an examination set by two appointed physiotherapists and one medical doctor, appointed by the Provincial Government. Members of Part 2 practice with or without a medical Doctor's prescription on private patients but on such cases as sick veterans & workmens Compensation they must be referred by a Medical Doctor. Their work covers as full a range of treatment as members of part 1.

PART THREE is the section covering masseurs & Massuses. They must have at least a Junior Matriculation in High School and be graduated of a school of Massage, approved by the Provincial Government. This must be a resident course of at least 780 hours. They must also pass an examination by two masseurs or massuses and a medical doctor as in part 2. They also may treat private patients without a medical Doctors prescription but for Compensation Cases etc. they must have a Doctors prescription. It has never been the intention, however at any time, for members of our association to work contrary to or subversive of the Medical Association as we believe that as a young profession that we will eventually gain more by raising our standards and gaining public confidence and much of this may be accomplished by working with the Medical Profession. We have also had the closest relations with the Chiropractors, the Osteopaths, the Naturapaths and the Chiropodists.

Each of our sections has their own executive Officers. There are three elected from each of the panels to a main Board making a nine Officer Panel. The main Board duties cover the field of that which pertains to the Association as a whole while each section conducts their own business. The Main Board's duties are such as--receive applications of new members, suspensions, cancellations, investigations etc.

Possibly 75% of the Medical Doctors of B.C. recognize the value of massage and physiotherapy and use it whenever possible. We have had educational lectures from time to time by our members and by members of the Medical profession whenever possible. We are allowed to manipulate a patient but not to do chiropractic. Chiropractic may only treat the spine, and may not use heat and only massage to the spine.

Medical Doctors may use nurses to do their Physio work but it must be in their office and under their supervision.

A member of our Association may not employ another person to do any Physio work unless they are qualified members of the Association. Members of the Association must not teach the work to another as this conflicts with the "Grade School Act" No members may advertise in any way except with the permission of the Main Board. No one may ~~guarantee~~ or misrepresent a cure. By Joe Gates.

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YOUR DUES----- YOUR DUES

Mr. F.E. Bloom has now sent you a regulation request for your dues. If you haven't gotten one by this time-- do something about it. Write Mr. F.E. Bloom at 10 west--6th Ave, Spokane Washington. Your dues are now payable.... Lets don't loose any members this year for non-payment of dues.... We need you, you need both the A.A.M.M.News and the A.A.M.M. and a fighting organization that will build the Massage Profession--- Send in your dues to Mr. Bloom.... PLEASE WE PRAY YOU.

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Ask your Congressman for a copy of the Fluoridation Hearing on H.R. 2341.... Miss A.R. Henry, 602 Boylston North, Seattle Washington is now temporary chairman of the Washington State Anti-Fluoridation League--- Whose purpose is solely to combat the Fluoridation of public Water Supplies.... persons interested in not having this chemical in their water supply should immediately contact Miss Henry, and aid this committee in setting up a permanent Organization for this purpose in the state of Washington. At least FIND OUT!!!!

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WHAT I SHOULD EXPECT MY MASSEUR TO KNOW!

By Ermel Rothgeb--Bx 75 Winthrop Wash.

Based on my experience, I should expect my masseur to know all about anatomy, massage, physiology and diet. To know the different diseases for which massage is used to help overcome. I certainly should want my masseur to know about psychology and psychosomatic medicine so that he or she could talk to me in an intelligent way to help set my mind at ease. I should like direction or suggestions for my every day living so that I could not only get back onto the road to health but also live in such a way so as to retain it.

I should expect my masseur to tell me frankly if he feels he can cope with my trouble. This is very important. I could then seek help elsewhere before too late. This brings to my mind a Mother Goose rhyme the late Dean Hawkins of Columbia University had taken as one of his mottos;

"For every ailment under the sun,  
There is a remedy, or there is none;  
If there is one, try to find it;  
If there is none, never mind it."

Furthermore, I should like my masseur to know about God and the Bible-not doctrine--so that he or she could talk to me as a christian, suggesting helpful scriptures and spiritual books that would be uplifting physically and spiritually. This may seem odd to some of you, but, as a masseus, I have had a number of people say to me. " You have helped me so much. Do you know that I believe your talking to me did almost as much good as your treatments. I was so down and out, so depressed when I came to you, but your talking put new courage into me, and such a lift to my spirit."

It is my firm conviction that physical science and the science of faith are B O T H vital elements in the healing process. Let me quote from Normal Peale; "Present day medicine emphasizes psychosomatic factors in healing, thus recognizing the relationship of mental states to bodily health. Modern medical practice realizes and takes into consideration the close connection between how a man thinks and how he feels. Since religion deals with thought and feeling and basic attitudes, it is only natural that the science of faith should be important in the healing process."

The late Dr. Hans Finsterer was convinced of this truth, for he claimed "When we are once again convinced of the importance of God's help in our activities and especially in the treatment of our patients, then true progress will have been accomplished in restoring the sick to health."

Here Milton is my article or write up as you call it. I hope it meets with your approval for it really comes from my heart.

Now a word about our little A.A.M.M. News. I look forward to receiving it and usually read it at once. I find it educational and uplifting. I feel that you and all others who help make it possible deserve a lot of credit. I wonder how many realize the hours of hard work you really give, not only in the set up and printing but also in encouraging the rest of us to put forth a little effort in contributing helpful and interesting articles. By Ermel Rothgeb.

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Notes from Vancouver Convention.

If a Chiropractor makes application to join our Association he or she must be willing to surrender their diploma and promise not to practice Chiropractic adjustments while a member of the Association.

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The question of selling advertising space in the A.A.M.M. News was discussed. It was decided to leave this up to the publisher of the paper. (Ed. Note It will certainly help defray our expenses if our members take suitable adds for \$1.00 per inch for the width of this sheet of paper.) Five lines per \$1.00

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Moved by Dunbar, and 2nd by Hatch that regulation forms be prepared for signature of patrons, who favor passage of our Bill, after the Bill has been drawn up.

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Moved that a letter be written to Dr. Munger that the Washington Chapter A.A.M.M. as an organization, would give 100 hours treatment to children afflicted with polio, if their physician, wishing such treatment for their patients, would write a prescription.

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It was moved that the Board of Directors select the time and place of the next State Convention.... Discussion centered about Yakima.

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Only in Countries having high sugar consumption such as U.S., Canada Sweden, United Kingdom, ~~South Africa~~ and New Mexico do we find outbreaks of Polio. H.H. Pg 222 July 1954.

Don't be IMPEDED by the Polio Campaigns. They might give you and your family the very things you are seeking to avoid.

Dr. Waldo Jones--Myrtle Creek S.C. P.O. Box 375  
See Pg 68

EDITORIAL---- ABOUT INITIATIVE #21

We received the following letter from Mr. William L. Goff, Chairman for #21...Mr. Goff is an Engineer, and there are some 40,000 professional engineers in the State of Washington. These people like the Massage Technicians want to be legally recognized.

"Dear Sir; Attached hereto please find a copy of initiative #21 which we believe will interest you greatly. We are sending one to the following: Mr. Mann--Mr. Short--Mr. Bloom--Mr. Dunbar--. We would appreciate all the help that your group can give on this initiative. The act speaks for itself"

We also have a copy of this initiative furnished me and we have read it, and seemingly if it passes, we as a Group of Massage Technicians can petition the Governor, and get a Massage Board, the same as the Engineers and make rules and regulations governing our profession in the State of Washington.

Such conditions our Association has long desired, and we have been urged by our National to try to get legal recognition on several occasions. Mr. Goff has given us such a quotation in this letter from Mr. Carlson.

We also find that we are not asked to contribute a single cent. We are not asked to join something. We are not obligated to anything, and we are only asked to help circulate this initiative, which is your inherent right and legal privilege, and to me the working of the initiative seems to be something worth while for all of us.

In my humble judgment may I suggest that each of you send in the post-card that has been sent you, and get some of these initiatives. You then can study it, and if what we have said is correct, get your patients and others to sign it, if they are registered voters. Each one of us should at least fill one page of 20 names or more.

To us this seems a "Windfall" something fell our way! And to me it looks like someone else has done a lot of "Spade work" for us and we can get some results if this happens to pass.

Of course this will not in any way disturb the plans we have of getting our Washington State Massage ACT--But it will be a great help to us if our ACT fails to pass and this Initiative 21 should make the grade.

At the same time you are asking for signatures on this Initiative 21 you can be asking questions about getting support to our Massage ACT, and getting acquainted with the kind of work we must learn if we get Massage Legislation. Let us urge you, each one, to do this. It costs nothing but your time and talk.

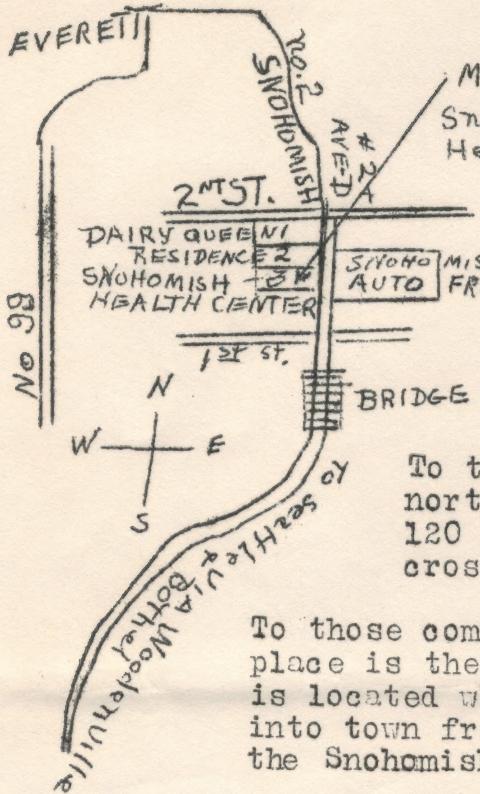
Asst Editor  
Milton A Niedfelt.  
July, 1954

Legislative Committee Washington A...M.M.  
Arthur Mann  
Arthur Dunbar

Experiende is a good School-master, but he does charge such high wages. It is important to be happy! Arise above your skepticism!

SEATTLE LOCAL - NEWS

SEATTLE'S NEXT MEETING 120--Avenue "D"  
Snohomish Washington September 12th-  
From 2 to 6 P.M.



Mr HATCH'S Snohomish Health Center

BUSSES; Trailway 8:30 A.M.  
Busses available. Index buss stops right at the door. Grayhound 7:45 Am. out of Seattle.

I am writing you this invitation to have the next meeting of the Seattle A.A.M.M. at my home and office on Sunday Sept 12, from 2 to 6 P.M.

At the suggestion of our local President John M. Murray I will be glad to give a demonstration of the use Plasmatic Therapy which I have been using for 12 years

To those who come by way of Bothell you turn north at Woodenville to Snohomish. Our place 120 Ave D is the first house you come to after crossing the bridge as you come into town.

To those coming by way of Everett or points east, our place is the second house south of the Dairy Queen which is located where No 2 highway turns east after coming into town from the north and is across the street from the Snohomish Auto Freight.

SEATTLE

Our back yard is about 50'x50' and our home and front porch is large so I am confident we can accomodate all who come. Mrs. Hatch joins me in extending a cordial invitation to the A.A.M.M. to we hope will prove to be a pleasant and fruitful meeting.

Faithfully

*J. L. Hatch*  
J. L. Hatch.

FEATURE ARTICLE

By L.D. Archibald--Central Bldg Seattle

To be successful the Masseur must improve the health of the patient. Massage in itself is of great benefit and is recognized by all the healing professions, however patients suffering from toxic conditions deficiencies or malnutrition will never be restored to exhilarating vibrating health until these disturbing factors are overcome.

Purity of the blood must be considered a basic factor in correcting these conditions and enlisting your patients in a program of health building is of vital importance.

Diet of course is absolutely essential and having studies and listened to lectures on various diets for over forty years and recognized the weakness or failure of the various systems to produce results I have come upon a new and decidedly different system of diet that is founded

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on new principles namely, the HIGH PROTEIN DIET. This new diet is radically different in one respect. It stresses an all important channel of elimination--Oxydation, burning up of body waste and surplus nourishment not needed by the body and fats deposited in the body.

Carbohydrates do not enter into the building of healthy tissues and when consumed in quantities greater than the body uses in supplying heat and energy the balance is stored in the form of fat--mostly a waxy substance known as Cholesterol.

Cholesterol forms a coating in the arteries capillaries and veins especially the valves restricting the flow of blood depriving the tissues of building material and oxygen. Clogging the vessels with Cholesterol weakens the muscles and other tissues. Stagnating the circulation causes clotting of the blood--when these clots break away and enter the circulation they may block the coronary artery or shut off the blood supply to the brain. When the blood supply to the liver, kidneys or glands is restricted they are unable to perform their functions or produce the normal amount of secretions, hormones or enzymes resulting in poor health, faulty elimination, lowered metabolism lack of energy and lowered resistance to disease including the killer Cancer, Heart disease, Tuberculosis, Arthritis, Rhumatism, and all Infectuous diseases.

Remember your greatest asset in restoring the health of your patients is the High Protein Diet. Improve your own health by studying this method---void placing yourself in the category of the "Bald headed Barber selling Hair-tonic" By L.W. Archibald.

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Sorry-- But we have no news from the Spokane Local.... Somebody should take this matter seriously. We need help on our Massage Bill!

Those that were present will remember that Mr. L.W. Archibald spoke and gave us a very revealing talk on Protein Diet....

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This paper will accept voluntary contributions valued at \$2.00 per year for subscriptions also cost fees per copy for extra copies from persons NOT PAYING MEMBERSHIP DUES IN THE STATE OF WASHINGTON

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On Account of the Sea-fair in Seattle, and on account of many other interfering programs--- and the fact that a suitable date for a picnic didn't seem available, it was decided not to have a picnic in a park this year.... Maybe we had better go to some-ones-elses picnic and get signatures to Initiative No 21.

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FOR SALE Phone Mildred E. Yelton 1450 Marine Drive Bellingham Washington If you can use (1) A Myra Dean Steam Cabinet (2) Fisher model J. Galvanic generator and pads (3) Bircher diathermy (4) Magnedoil blanket (5) Oster hand vibrator (6) Massage table (7) Galvanic Wave

Mrs Yelton was a member of the A.A.M.M. and is now working as a practical nurse in the Whatcom County Hospital Her Phone Bellingham 3409 M

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NOW YOU KNOW--OUR Leading Massage Technicians were there and witnessed the Niagra demonstrations at Vancouver, and really can tell their Patrons, when the Niagra Co is through with them, that we Massage Technicians will have more business than we can all handle, if we give hand massage to our patients. END.